# **FITNESS**



7804



## PRODUCT NO 7804

# Dimensions:

width: 99 cmlength: 35 cm

• overall height: 200 cm

#### Safety zone:

width: 399 cmlenght: 335 cm

## Free Fall Height:

• 64 cm

The heaviest element: 19 kg The biggest element: 146 cm

# Attention:

Product not intended to be installed in loose surfaces such as sand, gravel or bark etc.

# INFLUENCE OF TRAINING:

Aids motion skills of hips and lumbar spine. Improves the sense of balance and has a positive influence on abdominal muscles. Perfect for relaxation.

## **BODY PARTS:**

